

POPULATION SNAPSHOT

TASMANIA

Edition: June 2026 - Reporting on December 2025 Quarter

[Tasmania's Population Policy](#) emphasises the need to increase the state's population to foster economic growth and improve the standard of living for all Tasmanians. A goal of the policy is to increase the working age population over time to offset structural ageing. The attraction and retention of families and young people is central to achieving this goal.

Population Change – Quarterly and Annual to December 2025

Population Change: 784

As of December 2025, Tasmania's population is 579,110 increasing by 784 persons (0.14 per cent) over the quarter.

There was an increase of 2,908 people over the year from December 2024, representing annual growth of 0.50 per cent.

This is below the national annual growth of ~1.58 per cent over the same period.

Population growth continues to be led by Net Overseas Migration (NOM).

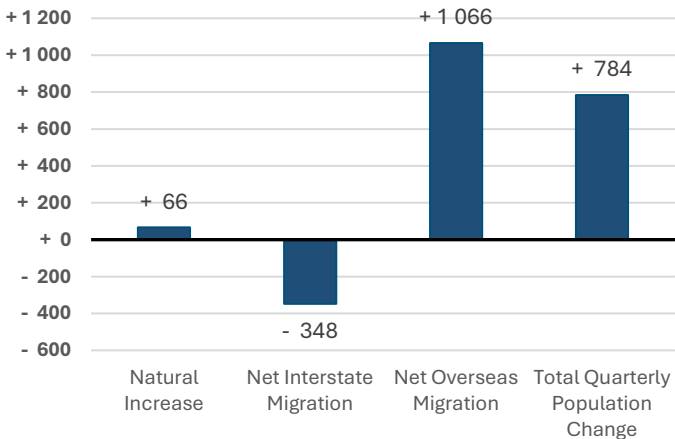


Figure 1. Components of quarterly population change, December Quarter 2025¹

	NSW	VIC	QLD	SA	WA	TAS	NT	ACT	AUS
Annual Population Growth Rate(%)	1.23	1.67	1.64	1.04	2.17	0.50	1.61	1.25	1.51
Percentage point contributions to annual growth:									
Natural Increase	34%	28%	23%	14%	22%	10%	45%	47%	27%
NIM	-21%	-1%	18%	-8%	16%	-16%	-29%	-26%	0%
NOM	87%	72%	59%	94%	62%	105%	84%	79%	73%

Table 1. Percentage point contributions to annual growth by population component, by State and Territory, December 2025²

Tasmania's population growth rates:

- are the lowest of any state or territory, both annual and quarterly (Table 1).
- have been trending below the ~0.47 per cent annual growth rate required to meet the 2050 population target (Figure 2) but have marginally increased above the target in the December quarter (0.50 per cent).

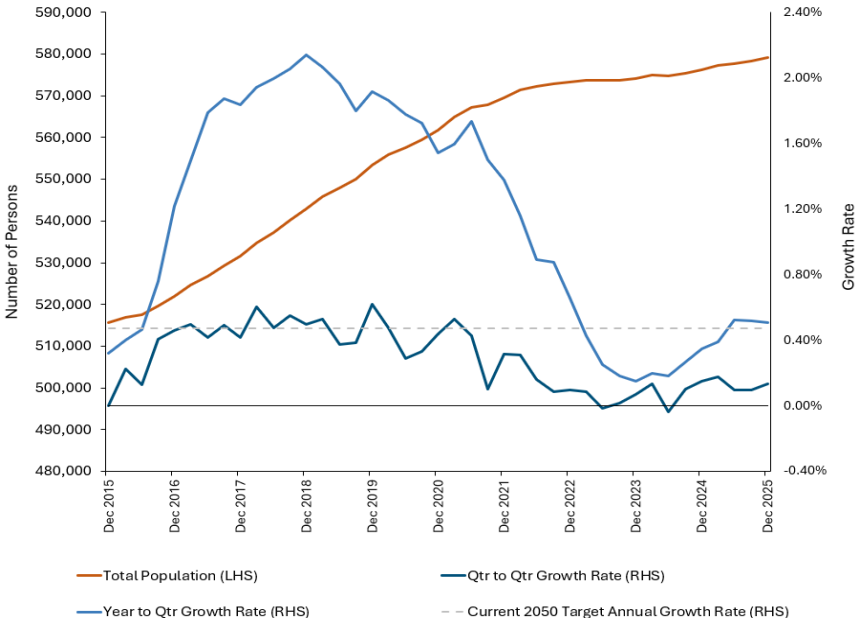


Figure 2. Tasmanian total population, annual growth rate reported each quarter, December 2025¹

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Components of Population Change - Quarterly

Quarterly Natural Increase: 66



1,407 Births



1,341 Deaths

Our ageing population is seeing an upward trend in the number of deaths exceeding births. Tasmania is the only state to have recorded negative quarterly natural increase since records began in 1981 (December 2016, September 2024 and September 2026).

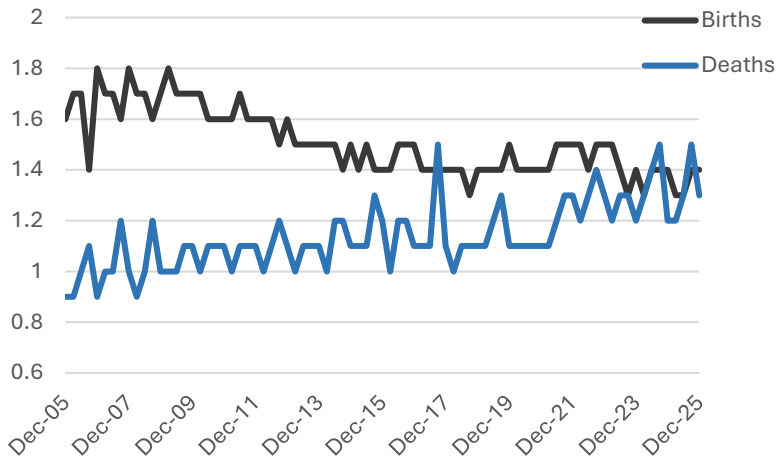


Figure 3. Annual number ('000) of births and deaths over time, Dec 05 – Dec 25, ABS DataExplorer - Population and components of change - national, states and territories

Net Interstate Migration: -348

NIM was negative with 3,849 arrivals and 4,197 departures in the quarter. Annual data indicates the decrease is driven by people in the 25-44 age group (Figure 4).

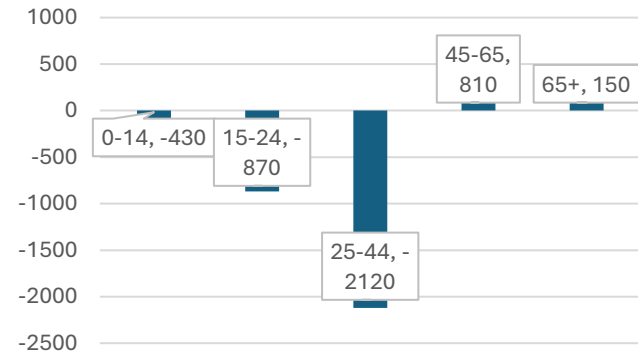


Figure 4. NIM by age group, 2025 calendar year³

Net Overseas Migration: 1,066

NOM was positive with 1,632 arrivals and 566 departures in the quarter.

Current NOM has experienced moderate fluctuations with an overall upward trend over the period.

However, there is a recent plateauing with some variability from January 2024 to the present.

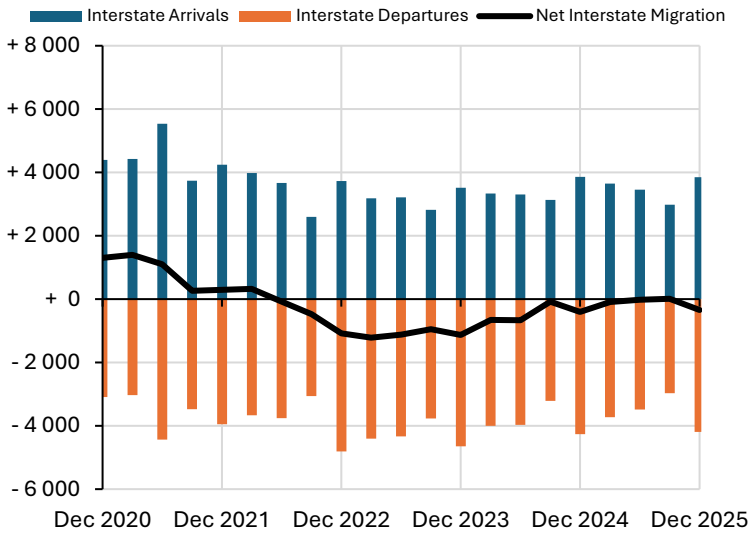


Figure 5. Tasmanian Quarterly Net Interstate Migration, December 20 – December 25²

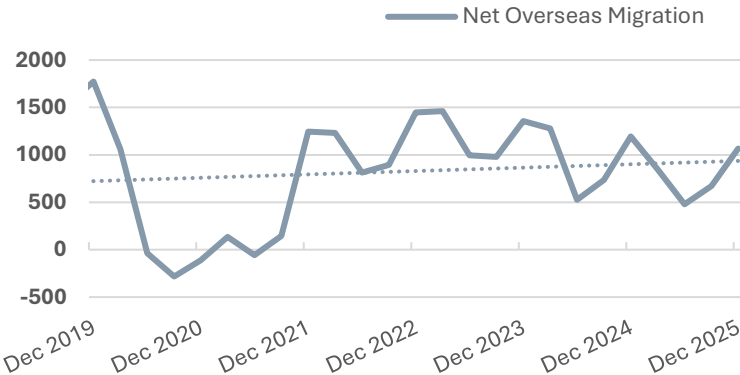


Figure 6. Tasmanian Quarterly Net Overseas Migration, Sept 19 – Sept 25²