

# POPULATION SNAPSHOT

## TASMANIA

Edition: March 2026 - Reporting on September 2025 Quarter

[Tasmania's Population Policy](#) emphasises the need to increase the state's population to foster economic growth and improve the standard of living for all Tasmanians. A goal of the policy is to increase the working age population over time to offset structural ageing. The attraction and retention of families and young people is central to achieving this goal.

### Population Change – Quarterly and Annual to September 2025

Population Change: 398

As of September 2025, Tasmania's population is 576,659 and changed by 398 persons from the previous quarter, 0.07 per cent.

There was an increase of 1,591 people from September 2024, an annual growth of 0.28 per cent.

This is below the national annual growth of 1.55 per cent for the same period.

Growth continues to be led by Net Overseas Migration (NOM).

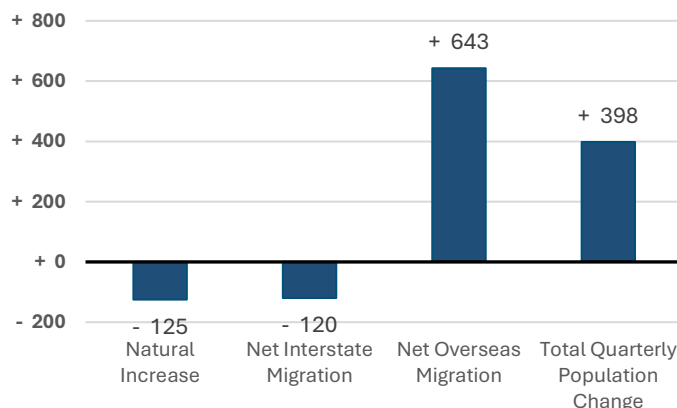


Figure 1. Components of quarterly population change, September Quarter 2025<sup>1</sup>

Table 1. Percentage point contributions to annual growth by population component, by State and Territory, September 2025<sup>2</sup>

	NSW	VIC	QLD	SA	WA	TAS	NT	ACT	AUS
Annual Population Growth Rate(%)	1.28	1.93	1.86	1.10	2.39	0.28	1.21	1.44	1.65
Percentage point contributions to annual growth:									
Natural Increase	0.34	0.27	0.22	0.13	0.22	0.19	0.52	0.45	0.27
NIM	-0.22	0.00	0.20	-0.05	0.16	-1.03	-0.56	-0.26	0.00
NOM	0.88	0.73	0.59	0.92	0.62	1.84	1.04	0.81	0.73

### Tasmania's population growth rates:

- are the lowest of any state or territory, both annual and quarterly (Table 1).
- are below the 0.48 per cent annual growth rate required to meet the 2050 population target (Figure 2).
- are projected to remain below the 0.48 per cent annual growth rate until 2026-27 under the low population series.<sup>6</sup>

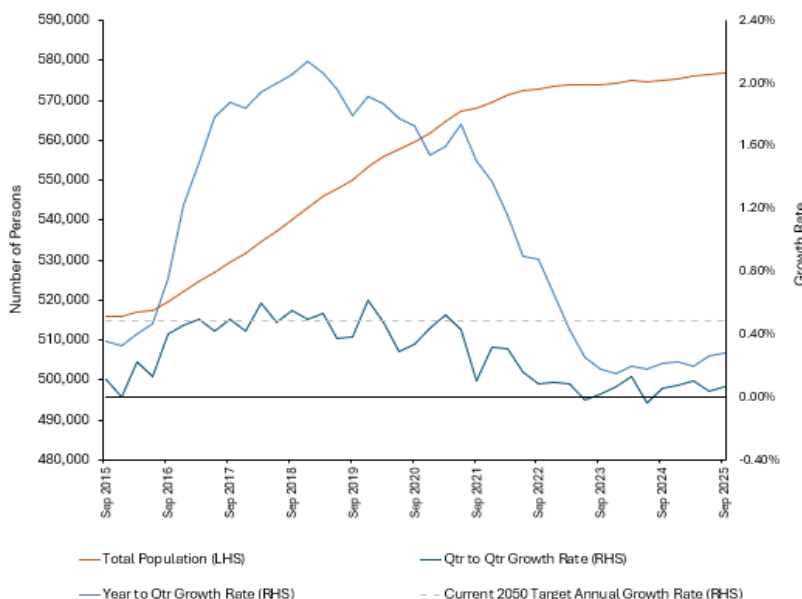


Figure 2. Tasmanian total population, annual and quarterly growth rates, September 2025<sup>1</sup>

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### Components of Population Change - Quarterly

Quarterly Natural Increase: -125



**1,419 Births**



**1,544 Deaths**

Over the past year Tasmania had the lowest number of births per capita of any state or territory due to our age structure and falling fertility rates. Our ageing population is seeing an upward trend in the number of deaths exceeding births. Tasmania is the only state to have recorded negative quarterly natural increase since records began in 1981 (December 2016, September 2024 and September 2026).

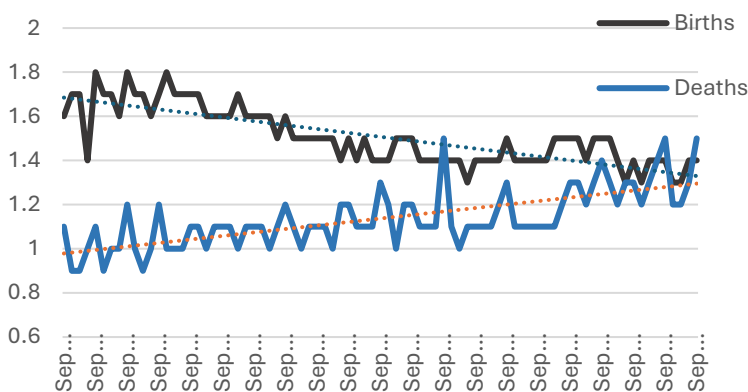


Figure 3. Annual number ('000) of births and deaths over time, Dec 04 – Dec 24, sourced from ABS DataExplorer - Population and components of change - national, states and territories

Net Interstate Migration: -120

NIM was negative with 2,849 arrivals and 2,969 departures in the quarter. Annual data indicates the decrease is driven by people in the 25-44 age group (Figure 4).

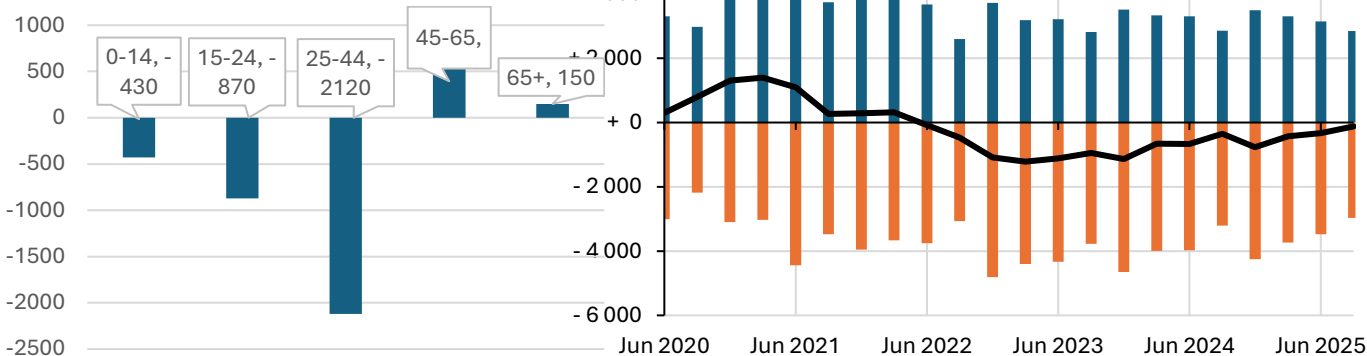


Figure 4. NIM by age group, 2024 calendar year<sup>3</sup>

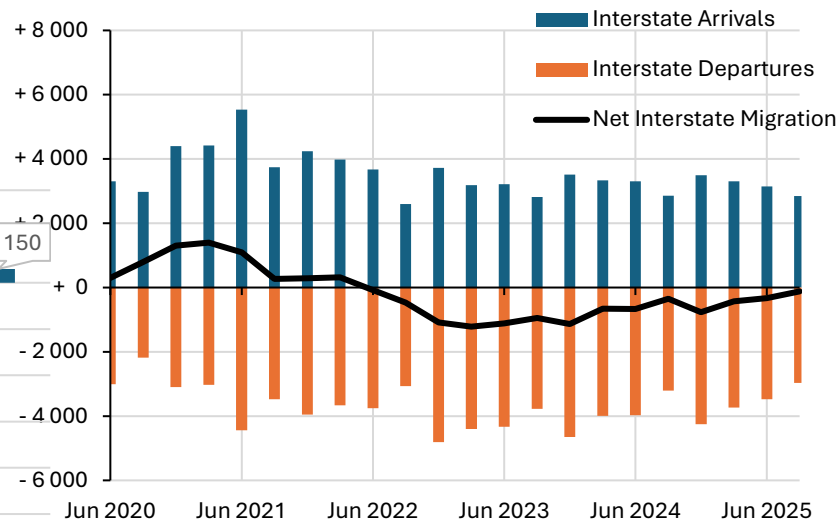


Figure 5. Tasmanian Quarterly Net Interstate Migration, September 20 – September 25<sup>2</sup>

Net Overseas Migration: 643

NOM was positive with 1,303 arrivals and 660 departures in the quarter.

Current NOM has experienced moderate fluctuations but has experienced an overall upward trend over the period.

However, there is a recent plateauing with some variability from January 2024 to the present.

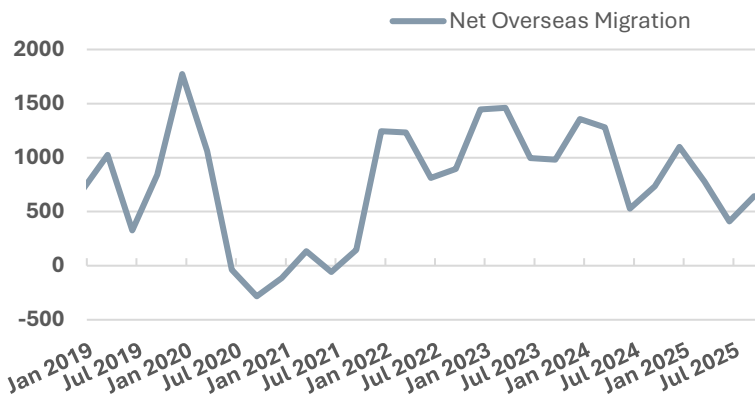


Figure 6. Tasmanian Quarterly Net Overseas Migration, Sept 19 – Sept 25<sup>2</sup>